

**TRIP ITINERARY**

**Saturday, March, 20, 2010:**

8:00 Warm-Up/Review/Get Focused (Gym 8/9)  
8:45 Load and Go – Gym 8/9 doors (brown Bag lunch on the trip down)  
11:30 Arrive at South Brunswick HS, Dress, Check out Gym  
1:15 Move to Warm-up  
1:24 Warm-up  
**1:54 Performance**  
2:30 Change, Lunch at SBHS (\$10)  
3:30 Depart for Hotel, Check-in, Shower/clean-up etc.  
5:30 Return To SBHS top View Guards  
8:15 Depart for Dinner (\$15-18)  
9:30 Return to Hotel  
11:00 Room checks begin / Quiet

**Sunday, March 21, 2010:**

7:00 AM Wake and Breakfast at hotel  
7:30 AM Pack and Dress in Partial Uniform, Make-up  
8:30 Am Hotel Check-out, Depart for SBHS  
**9:30-10:30 Performance**  
TBD Change  
TBD Lunch at SBHS (\$10)  
TBD Watch Groups  
4:00 Depart for AHS  
TBD Depart for Arlington HS – Dinner Stop enroute home (\$15)  
8:00 PM Arrive at Arlington HS (Unload, clean-up)

HOTEL Information:  
Westin Princeton at Forrestal Village  
201 Village Boulevard  
Princeton, New Jersey 08540  
Phone: (609) 452-7900

**Important Additional Information:**

1. You must bring your show shirt to wear on Sunday
2. You will need to bring spending money for lunch and dinner on Saturday and Sunday (\$50 total for 4 meals)
3. If your show shoes are broken, they must be replaced - WGI requires footwear at events
4. The purpose of this trip is to return having learned a great deal about how to move your own personal performance to the next highest level, we will be watching a lot of other groups.
5. There is an indoor pool at the hotel, you will be able to use this for a short time on Saturday afternoon if you so wish.
6. You must sleep Saturday night!!!

**Trip Roster**

Diana Albanese  
Nicole Archibald  
Maeghan Bruyn  
Rae Benton  
Erica Cannizzaro  
Elora Cady  
Lisa Cronk  
Tori Lefebvre  
Meghan McCoy  
Julie Muldoon  
Gianna Pannullo  
Becca Pepe  
Brenda Ranieri  
Jessica Richards  
Corinne Salem  
Megan Slattery  
Brittany Smith  
Gina Tyler  
Nina Tyler  
Megan Yost

Jessica Steenburgen - Tarp